## Addendum to contract

# Positive Behavioral Practices Policy

I/We take many steps to build positive relationships with the children and families in my/our program. For example, I/We use a variety of strategies to encourage children's positive behaviors and help them avoid negative behavior such as To encourage children's positive behaviors and help avoid negative behaviors I encourage children to most importantly use their words and try and tell me if they need help or are having a problem with another little one. I even use sign language with the non verbal ones. I model positive words and signs as well as acknowledge positive behavior. And I always try and intervene before any negative behaviors or situations occur.

# **Providing Choices**

The children have multiple opportunities to make choices on their own throughout the day. For example, One of the way I let children make choices for example would be before lunch time. We have free play before then and when it is time for lunch I will let them know and tell them that when they are ready for me to start on lunch they need to start to clean up the toys. Its the "When Then", its my favorite sentence. "When you are ready for lunch then you can start to put the toys away."

I/We offer children choices as a way to encourage positive behaviors such as An example for choices for fast feet... I would say "you can either sit here and play with and give your feet a chance to rest or you can grab a seat and until you are ready to use your inside feet."

#### Redirection

I/We use Verbal Redirection Example of verbal redirection are: Inside feet, inside voices. Or use Nice words: Lets find our manners...

I/We use Physical Redirection For physical redirection, if I have a runner, I will try and just stand tall in the room and that sometimes is all I have to do. If two are fighting over a toy I would go over and show them how to let someone else have a turn and hand them each a different toy to play with.

I/We use Redirection with Visual Cues Visual clues include, standing tall, facial expressions, finger to my lips and of course sign language.

I/We use Redirection with Attention My best example of redirection with attention would probably be " Sydney is doing to good picking up her toys I bet she is ready for lunch."

## **Reflection and Problem Solving**

I/We support children to resolve conflicts and solve problems by discussing the negative behaviors that occur and brainstorming ways that the child could have solved the problem on their own.

I help children to use reflection by removing them from the negative situation and ask them to think about their behavior. Then they return and we talk about it together.

## **Clear Rules and Expectations**

I/We establish rules and expectations for positive behavior by I stick to a schedule and that teaches them what we are supposed to do and when. If they are not following the rules or schedule for some reason we can come up with another one if need be. If they are using a negative behavior all I have to ask is "what are we supposed to be doing" and I usually get the correct answer. Clear rules and expectations makes it easy on us all as we all know what is expected from us. And when the older ones point out that the younger ones are not following the rules. I just tell them that that is why we need to follow the rules ourselves and teach them.

My/Our program's rules and expectations for positive behavior are supported and reinforced in the following ways: I am not sure how all of my rules were established as I have been doing this for too long and no longer remember. New ones come along as needed if a problem arise. I learn right along with my children. Rules and expectations are always reviewed and spoken with the children all of the time.